

## To book your place:

Email [graham@walkeast.org](mailto:graham@walkeast.org)

Call Graham Barker on  
0791 922 1806

Or complete the booking form  
below and post it to:

Walk East, The Old Bakery,  
4 Stepney Green, London  
E1 3JU



"I've explored really interesting places that surround me, including the beautiful and mysterious cemetery park, so many waterways, and the myriad 'secret paths' between one place and another."

Course participant, June 2011

## Photos from the Footpath Exploring Bow's Parks and Waterways

### BOOKING FORM


Name
Address
Telephone
Email

Do you own a digital camera to use on this course? Yes  No

If you know it, please tell us your camera's make and model

Signed	Date
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We will confirm your place as soon as possible, and send you further details before the first course date. Priority will be given to applicants living in Bow.

Thanks to our sponsor:  Action for Bow

[www.walkeast.org](http://www.walkeast.org)



Sign up now for a free photo-walk course  
Starting on Friday 19th August 2011

Free  
course





## What's this course about?

When dashing about by bus, tube or car, it's easy to miss the many interesting sights close to home. On this five-week 'Photos from the Footpath' course, you'll take a closer look at the parks and waterways around Bow, using photography as a focus.

Each week there's something new to photograph, whether it's panoramic views in Mile End Park, wild woodlands in Tower Hamlets Cemetery Park, the winding waterways around Three Mills, or barges and birds along the Regent's Canal.

Over the first four sessions, you'll explore different walking routes around Bow. There's group tuition and individual guidance on camera techniques and composition, to help you capture the local area in photographs. And along the way you'll hear stories about the places that we visit. In the fifth session, we work together to create a group photo-book, as a lasting record of the walks.

## Who is it for?

The course is especially pitched at those who have limited or no experience of digital photography. But you're very welcome if you simply want to learn how to use your digital camera more effectively. If you own a digital camera, please bring that along – but if not, cameras can be provided each week.

Priority will be given to Bow residents – thanks to funding from 'Action for Bow' – but there are limited places available for people living elsewhere.

## When and where?

The course runs on Friday afternoons from 2–5pm, starting on Friday 19th August and ending on Friday 16th September. Please only apply if you can attend all five sessions. When you sign up, you'll receive full joining instructions.

**"I love the combination of photography and local history. There's so much to see once you really start looking, and I discovered places that I didn't know about."  
Course participant, June 2011**



## Photos from the Footpath Exploring Bow's Parks and Waterways

- Learn how to compose, take and review digital photographs
- Make the most of your camera settings and functions
- Capture the summertime plants and wildlife around Bow's parks and canals
- Find out more about local history, architecture and street art
- Create a group photo-book and receive your own printed copy, to share your photos with family and friends

Sound interesting? Then join us on this 'Photos from the Footpath' course.

Free course

## Course leaders

**Graham Barker** is a journalist and walk guide. He writes 'Walk of the Month' for *East End Life* and his articles have appeared in *Country Walking*, *Psychologies* and *Time Out*. **Natalie Clarke** runs photography training and events to help novice, casual and keen amateur photographers to develop their photography skills and experience.

